

Adventist Bioethics

CONSORTIUM

Ethics and Palliative Care

Five Questions about Palliation, Opioids, and Pain Management

*Webinar for the Adventist Bioethics Consortium,
November 19, 2019*

Ethics and Palliative Care:

Five Questions about Palliation, Opioids, and Pain Management

Learning Objectives

1. Explain the differences between Palliative Care and Hospice
2. Evaluate opioid management strategies for patients with life limiting diseases
3. Analyze the ethical implications of pain management in patients who are actively dying



SPEAKER

Gina Mohr, MD

Director, Center for Palliative Care
Chair, LLUMC Ethics Committee
Assistant Professor, Family Medicine
Loma Linda University Health



SPEAKER

Grace Oei, MD, MA

Director, Clinical Ethics
Assoc. Director, Center for Christian Bioethics
Assistant Professor, Pediatrics
Loma Linda University Health



MODERATOR

Gerald Winslow, PhD

Director, Center for Christian
Bioethics
Professor, Religion
Loma Linda University Health

Ethics and Palliative Care:

Five Questions about Palliation, Opioids, and Pain Management

If you are having technical issues, please email us at bioethics@llu.edu or call us at (909) 558-4956.

If you can see but can't hear, you can join by phone:

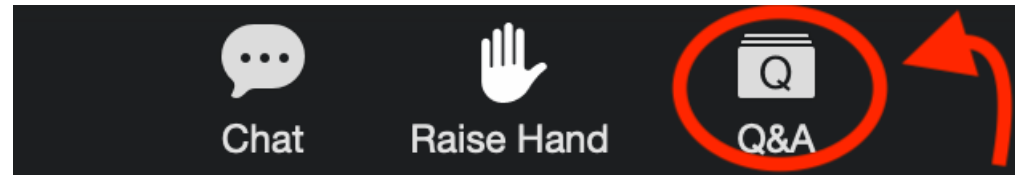
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If we are not be able to address the issues immediately, we will work on ensuring they do not occur in the future.

Question and Answers:

- To ask a question of the panelists, click on the Q&A button located in the Zoom toolbar and type your question.



- We may not be able to respond to all questions asked during the webinar. Questions that did not receive a response during the webinar will be followed-up at a later date.

Question 1

What is the difference between Palliative Care and hospice?

- Can my patient receive get treatment and Palliative Care at the same time?
- When should a patient be referred to Palliative Care?
- When should a patient be referred to hospice?

What's the Difference Between Palliative Care and Hospice?

- Hospice
 - Terminal diagnosis
 - Prognosis less than 6 months
 - Must forego disease-modifying treatments
- Palliative Care
 - Any serious illness
 - At any stage of illness
 - Provided along with disease-modifying treatments

Question 2

Do my patients have to be DNR in order to be in a Palliative Care or hospice program?

- Can my patient change his or her mind about code status?

Where do DNAR Orders Fit In?

- CPR being the default does not imply effectiveness
- Physicians do not need to comply with requests for inappropriate treatments
- No requirement for DNAR in hospice or PC
- Informed consent should be done

Question 3

I am caring for a patient that I feel should be referred to Palliative Care but my patient's physician doesn't want to "give up" yet. What are helpful ways to rephrase "giving up"?

- What are ways all clinicians can talk about the trade-offs patients make?

Isn't Palliative Care "Giving Up"?

- 2010 study looking at early PC in stage IV lung cancer
- Patients felt better
- Used less resources
- Lives 2.5 months longer

Question 4

Doesn't opioid pain medication hasten death in patients who are dying? If it does, is this okay?

- Can you provide pain relief without engaging in euthanasia?

Do Opioids Hasten Death in Dying Patients?

- Principle of double effect
- Goal of relieving suffering
- Practical observations

Question 5

Should I prescribe opioid medication to treat my patient's pain?

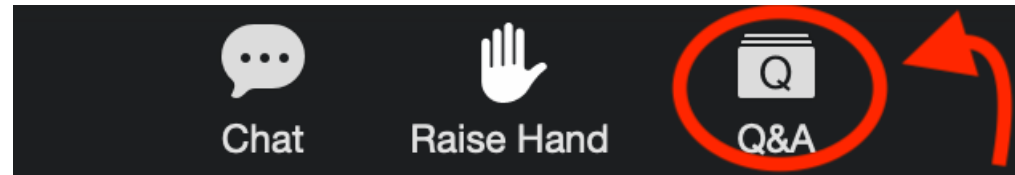
- What if my patient gets addicted?
- What if my patient's dose is above the guidelines released by CDC?

What's the Deal with Opioids?

- Cancer versus non-cancer pain
- Must weigh risks versus benefits
- Caveats to CDC guidelines

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Save-the-Date

Adventist
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Webinar ~ January 30

10:00 AM Pacific Time | 1:00 PM Eastern Time

The Sacred Call of Bioethics and Ministry

This webinar engages in reflection on *what* and *how* human behavior, principles and values, interrelate with theology and good medicine.

Learning Objectives

1. Reflect on the struggle between idealistic possibilities and human limitations
2. Discuss why is it difficult to make theological-ethical decisions today
3. Review the role of vulnerability of patients in the decision making process involving ethics



SPEAKER

Orlando Jay Perez, MDiv
VP, Mission and Ministry
ACPE Certified Educator
AdventHealth Central Division

Watch for details with information about how to join the webinar via Zoom